

Galápagos Crafted for Women

Nature, Wellness & Shared Experiences

San Cristóbal, Santa Cruz & Isabela



Itinerary



Discover the Galápagos on a women's journey designed beyond sightseeing. This experience blends adventure, connection, and sustainability, from snorkeling with sharks at Kicker Rock and hiking volcanic trails to yoga on wild beaches.

Stay in locally owned hotels, enjoy fresh seafood, and connect with conservation through meaningful activities. Between hidden lagoons, lava pools, and encounters with giant tortoises, every moment invites you to explore, bond, and experience the islands in a truly unforgettable way.

Day-by-Day Itinerary

DAY 1: Quito - Galapagos - Ceviche Cooking Class

You will depart from Quito to the Galápagos on a flight of about 2.5 hours, possibly with a short stop in Guayaquil, before arriving at San Cristóbal Island.

Your first experience will be a ceviche cooking class with local expert Mrs. Barbara, who began by selling her ceviche in town and now shares her recipes through a hands-on experience at a local restaurant near Playa Mann.

DAY 2: Kicker Rock

You will be picked up at 06:50 AM from your hotel and taken to the pier to board a speedboat toward Kicker Rock, one of the most iconic sites in the Galápagos, located off San Cristóbal Island.

This impressive formation of two volcanic rocks, known as León Dormido, is home to marine birds and rich underwater life. The channel between the rocks offers ideal conditions to spot sharks, manta rays, and other species. In the afternoon, you return to Puerto Baquerizo Moreno around 03:00 PM and are transferred back to your hotel.

Day-by-Day Itinerary

DAY 3: La Loberia Self Guided - Transfer Santa Cruz

Your day begins with breakfast, followed by a visit to La Lobería, about a 2 km walk from town. This beautiful beach, home to many sea lions, offers great snorkeling, swimming areas, and shaded spots to relax. You can also hike across lava rocks to Las Negritas, where blue-footed boobies and frigatebirds are often seen. You will have 2 to 3 hours to enjoy the area.

After a specially selected lunch at a local restaurant, you will head to the pier around 02:30 PM to take a speedboat to Puerto Ayora, a journey of about 2 hours. You will be transferred between your hotel and the dock in San Cristóbal, a short 5-minute drive.



DAY 4: Bartolome or Uninhabited Island Visit

You will be picked up from your hotel around 06:45 AM and taken to the pier to board a speedboat to Bartolomé Island.

Upon arrival, you will hike about 300 steps to the summit of an extinct volcano, where you will enjoy stunning panoramic views. Afterward, you will snorkel from the shore, with the chance to spot marine wildlife, including Galápagos penguins.

Lunch will be served on board, and in the afternoon you will return to Puerto Ayora, arriving around 5:00 PM.

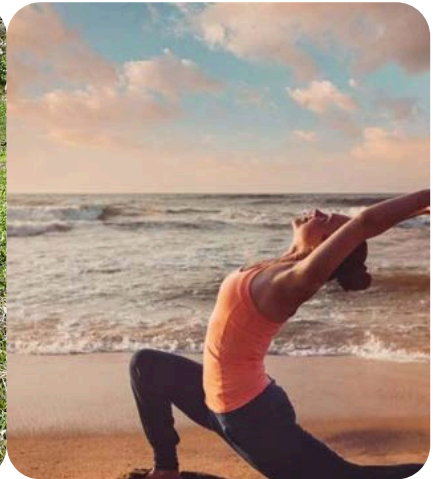


Day 5: Beach Yoga Session - Tree Planting Santa Cruz Highlands - Transfer Isabela

Your day begins early with a yoga session at Tortuga Bay, combining movement, breathwork, meditation, and relaxation by the ocean.

After breakfast, you will visit the highlands of Santa Cruz to see giant tortoises in their natural habitat, along with finches and other land birds. You will also take part in a reforestation project by planting a native tree.

In the afternoon, around 03:00 PM after lunch, you will take a speedboat to Isabela Island. Upon arrival, you will pay the entrance fee and then be transferred from the harbor to your hotel.



Day 6 : Los Tuneles Snorkeling Tour

After breakfast, you will visit what is known as one of the best snorkeling locations in the world, Los Tuneles, or “The Tunnels”. The water is shallow, calm, and very clear, allowing you to see the sea sanctuary below you. A perfect continuation for this female tour!

The entrance to the site is shallow and the waves can be strong, enter with care and follow the instructions of the guide. You will have a snack on board and then return to Puerto Villamil.



Day 7 : Isabela Kayaking and Biking Day

After breakfast, your guide will meet you at your hotel for a kayak excursion in Puerto Villamil Bay, where you can spot tropical fish, sharks, sea turtles, Galápagos penguins, blue-footed boobies, and other coastal wildlife.

You will then continue with a biking tour across Isabela Island, visiting the Giant Tortoise Breeding Center and the Wall of Tears, with opportunities to see tortoises along the way and enjoy scenic views.

In the evening, you will enjoy a local seafood dinner by the ocean as you prepare for the final day of your journey.



Day 8: Transfer out Quito Airport

You will be provided a transfer from your hotel in Isabela and dropped off on the Isabela dock to take the speed boat back to Puerto Ayora, Santa Cruz. The drive will take around 10 minutes. You will have a transfer from Puerto Ayora to the Baltra Airport about 3 hours before the departure of your flight. This time will be coordinated before you travel. The transfer will take about 45 minutes until you reach the Itabacca Channel. The ferry will then take you to the other side of the channel, about ten minutes. Once you arrive, you will continue by bus to the airport. Then you will have your flight back to the mainland. This concludes our female tour.



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